



Updated Parenting Way Inc Programs and Classes:

1. Parent Education Classes in POLK County

- a. Parenting Way, West Des Moines, IA 1211 Vine Street Suite 2140 Parent Education Classroom
Tuesdays from 6-8 pm
- b. Parenting Way, West Des Moines, IA 1211 Vine Street Suite 2140 Parent Education Classroom
Thursdays from 12:30-2:30 pm
- c. Taylor Preschool, 1801 16th Street, Des Moines
Tuesdays, from 12:00-1:30 pm

2. Parent Education Classes in STORY County

- a. First United Methodist Church, Ames, IA 516 Kellogg Ave
Mondays from 6:00 to 8:00 pm

3. Parent Education Classes in BOONE County

- a. United Methodist Church, Boone IA 703 Arden Street
Thursdays from 6:00 to 8:00 pm

4. Parent Education Classes in DALLAS County

- a. Perry Public Library, Perry IA 1101 Willis Avenue
Wednesdays from 6:00 to 8:00 pm

5. Parenting Way Family Support Groups

- a. Grace United Methodist Church, Des Moines, IA 3700 Cottage Grove
Parent Group and Children's Group
Mondays from 6:00 to 7:30 pm
- b. United Methodist Church, Boone IA 703 Arden Street
Parent Group and Children's Group
1st & 3rd Thursday of each month from 6:00 to 7:30 pm

6. Parenting Way Family NEST Program in Boone County

- a. First Evangelical Free Church, Boone IA 1407 Kate Shelley Drive
Serves Families prenatal to age 2
1st Tuesday of the month from 5:30 to 7:30 pm
3rd Tuesday of the month from 11:30 am to 12:30 pm

7. Parenting Way Parents as Teachers Program in Boone County

- a. Home Visiting Early Childhood Education Services
Serves Families prenatal to age 5 Kindergarten
Intake and Services by referral and/or self-referral

8. Parenting Way *Children in Between* Classes in the Fifth Judicial Court District

Parenting Way, West Des Moines, IA 1211 Vine Street Suite 2140 Parent Education Classroom

- a. Includes Adair, Adams, Clarke, Dallas, Decatur, Guthrie, Jasper, Lucas, Madison, Marion, Polk, Ringgold, Taylor, Union, Warren, Wayne
- b. Serves Parents who are divorcing and/or separated
- c. **1st and 3rd Wednesdays of the month from 5:00 to 9:00 pm**
- d. **Cost is \$50.00**

9. Darkness 2 Light Child Sexual Abuse Prevention Training

- a. Provided for Parents, School Staff, and Community Members. This is for Adults only.
- b. Please call to schedule this 2-hour training.
- c. Cost is \$25.00 to cover materials and workbooks.
- d. No charge for Parents attending any other Parenting Way Programs

10. Anger Management Classes

Parenting Way, West Des Moines, IA 1211 Vine Street Suite 2140 Parent Education Classroom

- a. Provided for any Adult referred by service providers, court-ordered or self-referral.
- b. Four Classes at 3 hours each
- c. **Cost is \$100.00**

11. Additional Family Service Programs and Parent Education Programs in Sioux City, Cedar Rapids and in planning in Waterloo.