

# Parenting Way Inc. Programs and Classes

Educating Parents through Trauma-Informed Classwork & Discussion

TO REGISTER: Call: 515-255-9490 Email: [info@parentingway.org](mailto:info@parentingway.org) Online: [www.parentingway.org](http://www.parentingway.org)

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- 1. Parent Education Classes in POLK County – Cost is \$10/class or \$75/all 10 classes if paid at First class. Cost can be adjusted according to ability to pay. *No one will be turned away for inability to pay.***  
Parenting Way, West Des Moines, IA 1211 Vine Street Suite 2140 Parent Education Classroom  
**Tuesdays from 6-8 pm**  
**Instructor: Ben Burke**  
**Thursdays from 12:30-2:30 pm**  
**Instructor: Wendy Ryan**
- 2. Parent Education Classes in BOONE County – NO COST**  
Des Moines Area Community College Campus (DMACC)1125 Hancock Dr. Boone IA 50036  
**Mondays from 6-8 pm**  
**Instructor: Ben Burke**
- 3. Parenting Way Family Support Groups - NO COST**  
**Grace Group- Adult, Youth & Children Groups**  
Grace United Methodist Church, Des Moines, IA 3700 Cottage Grove  
**Mondays from 6:00 to 7:30 pm**  
**Group Conductor: Wendy Ryan**
- 4. Parenting Way Children in Between (aka Children in the Middle) Classes in the Fifth & Second Judicial Court District – now serving at two locations.**
  - Parenting Way, West Des Moines, IA 1211 Vine Street Suite 2140 Parent Education Classroom  
Includes: Adair, Adams, Clarke, Dallas, Decatur, Guthrie, Jasper, Lucas, Madison, Marion, Polk, Ringgold, Taylor, Union, Warren, Wayne
  - Children & Families of Iowa, Cornerstone Recovery, 501 SW Ankeny Blvd. Conference Room  
Serves Parents who are divorcing and/or separated  
**Wednesdays from 5:00 to 9:00 pm (alternating locations)**  
**Cost is \$50.00**  
**Instructors: Corinne Grace & Ben Burke**
- 5. Darkness 2 Light Child Sexual Abuse Prevention Training**  
Provided for Parents, School Staff, and Community Members. This is for Adults only.  
Please call to schedule this 2-hour training. **Cost is \$25.00** to cover materials and workbooks.  
**No charge for Parents** attending any other Parenting Way Programs  
**Certified D2L Trainer & Presenter: Ben Burke**
- 6. Anger Management Classes**  
Parenting Way, West Des Moines, IA 1211 Vine Street Suite 2140 Parent Education Classroom  
Provided for any Adult referred by service providers, court-ordered or self-referral.  
Four Classes at 3 hours each. Must have a minimum of four students to hold Classes.  
**Cost is \$120.00**  
**Certified Instructor: Ben Burke**
- 7. School-Based Parent Education Programs – Trauma-based**  
A six-week parenting class focused on Parent Involvement at School and Home when trauma exists